

Wilderness Trip

Packing Checklist



EQUIPMENT PROVIDED BY CAMP:

- Tents
- Backcountry stoves & fuel
- Meals
- Cookware
- Eating utensils
- Insulated mug
- Water filters
- Water trips: dry bags, life jackets, canoes, & paddles

EQUIPMENT BROUGHT BY CAMPER:

- Pillow
- 2 water bottles: Nalgene, 32 oz, wide mouth works best)
- Headlamp or small flashlight & extra batteries
- Bug spray
- Sunscreen (SPF 30+)
- Lip balm (SPF 30+)
- Sunglasses

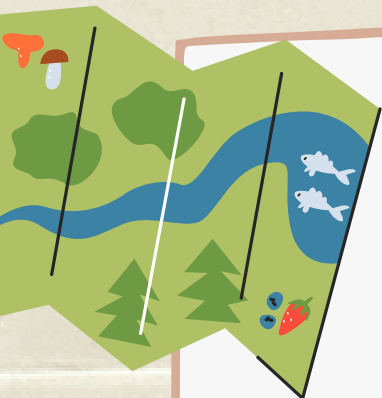
EQUIPMENT PROVIDED BY CAMP OR CAMPER:

- Large-capacity backpack (55-60L or bigger)
- Rain cover for backpack
- Sleeping bag (mummy-style with at least a 20° rating & stuff sack)
- Sleeping pad

PROHIBITED ITEMS:

- Drugs
- Alcohol
- Tobacco products (including cigarettes, vapes, & chewing tobacco)
- Cell phones
- Electronic devices
- Weapons (knives, hatchets, etc.)
- Flammable substances





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CLOTHING TO BE BROUGHT BY CAMPER:

- Extra set of clothes for ride home
- Waterproof, breathable rain coat
- Waterproof, breathable rain pants (optional, but helpful)
- Fleece jacket/wool sweater
- 1 sweatshirt (for in-camp activities)
- Lightweight hiking pants (avoid jeans; synthetics are best)
- 1 pair of pants (in-camp activities)
- 3 pairs of shorts (2 for hiking, 1 for camp)
- 1 long-sleeve shirt
- Pajamas
- Mid-to-lightweight long john top & bottom
- 5 t-shirts (1 synthetic moisture-wicking, if possible)
- 3 pairs of wool or synthetic socks (i.e., SmartWool)
- 2 pairs of athletic socks (in-camp activities)
- 6 pairs of underwear
- Swimsuit (should be suitable &) safe for vigorous physical activity
- Towel
- Pack towel (optional, but helpful)
- Wool or fleece hat
- Wool or fleece (non leather) lightweight gloves
- Sturdy, waterproof hiking shoes (break in before trip)
- Camp shoes (river sandals (i.e., Tevas) or flip flops)
- Tennis shoes (in-camp activities)

PERSONAL ITEMS:

- Hand sanitizer
- Toiletries: (toothbrush, toothpaste, hairbrush)
- Washcloth
- Any necessary medications
- Journal & pen (optional)
- Disposable camera (optional)

