

# WILDERNESS TRIP

## *packing list*



### Equipment provided by Camp Daggett:

- Tents
- Backcountry Stoves & Fuel
- Cookware, Eating Utensils & Insulated Mug
- Water Filters
- Meals
- Dry bags, life jackets, paddles, and canoes provided on water trips

### Equipment brought by Camper:

- Pillow
- 2 water bottles (Nalgene, 32 ounce, wide mouth bottles work best)
- Headlamp or small flashlight with extra batteries
- Insect repellent
- Lip balm (SPF 30+)
- Sunscreen (SPF 30+)
- Sunglasses

### Equipment Provided by Camp

#### OR Camper:

- Large capacity backpack (55 to 60 Liter or larger)
- Rain cover for backpack
- Sleeping bag (mummy style with at least a 20 degree rating and stuff sack)
- Sleeping pad

### Prohibited Items

- Cell phones & electronic devices
- Weapons (knives, hatchets, etc.)
- Tobacco, Drugs & Alcohol
- Flammable Substances



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### Clothing to be brought by Camper:

- Extra set of clothes for the ride home
  - Mask for indoor activities at Camp
  - Waterproof, breathable rain jacket
  - Waterproof, breathable rain pants (optional, but desirable)
    - Fleece jacket or wool sweater
  - 1 sweatshirt for in-camp activities
  - Lightweight pants to hike in (avoid jeans, synthetic materials work best)
  - 1 pair of pants for in-camp activities
  - 3 pairs of shorts (2 for hiking, 1 for in-camp)
    - 1 long sleeve T-shirt
    - Pajamas
  - 5 T-shirts (3 for in-camp activities, 2 for hiking. If possible, one should be synthetic i.e. Coolmax brand, or something that wicks moisture)
  - Mid to lightweight long john top and bottoms
    - 6 pairs of underwear
  - 3 pairs of wool or synthetic socks for to hike in (Smartwool is a good brand)
  - 2 pairs of athletic socks for in-camp activities
  - Swimsuit (should stay in place without excessive adjustment and not be overly revealing)
    - Towel
  - Pack towel (optional, but desirable)
    - Wool or fleece hat
  - Wool or fleece gloves (any non-leather light-weight glove)
    - Sun hat
  - Sturdy, waterproof hiking shoes (please break in before arriving)
  - Camp shoes (river sandals or flip flops work well)
    - Tennis shoes (for in-camp activities)
- ### Personal Items:
- Hand sanitizer
  - Toiletries (toothbrush, toothpaste, hairbrush)
    - Washcloth
  - Any Necessary Medications
  - Journal & Pen (optional)
  - Disposable Camera (optional)